

Learning Worksheet

Classical Conditioning

Identify the specific components (US, UR, CS, CR) of classical conditioning in each description.

1. While caring for a friend's dog, you notice that it displays a fear-like posture as you roll up a newspaper. You try this several times and become convinced that this dog is generally afraid of rolled-up newspaper.
2. Joan, an animal trainer, has been phobic about monkeys since an earlier attack. However, because of the money, she agreed to work with the monkeys for a movie studio. Just going anywhere near cages makes Joan tense, sweaty, and apprehensive.
3. At a red light, Bob and Fred were rear-ended by a car behind them and all they heard beforehand was the screech of tires. Days after the accident Bob and Fred stopped at a red light. Both automatically became tense and frightened.
4. Donna and Jack had been dating for awhile. Donna felt happy whenever she saw Jack coming toward her. Jack wore the same cologne everyday, and whenever Donna smelled that particular cologne she felt happy.
5. Kathy was diagnosed with cancer and was put on chemotherapy. Before her treatment Kathy ate macaroni and cheese. The chemotherapy made her so sick she threw up. Now every time she has mac. and cheese she throws up.

Operant Conditioning

Identify whether each scenario is positive reinforcement, negative reinforcement, omission training or punishment.

1. Karen studied the hardest she had ever studied for her psychology test. When she took the test she was confident and calm. She got a 100 on her test. When it came time to take the next test, she knew she would have to study hard to ace the test.
2. Bobby was in his kindergarten class and threw a wooden block at Susie. The teacher put Bobby in the corner while all the other students had playtime. And, all Bobby could do was sit and watch the other kids play.
3. Kaitlin was a wild teen and would sneak out of her house via the window constantly. Her parents found out about her sneaking out and decided to nail her window shut. Now, there was no way for her to sneak out without having to go by her parent's bedroom.
4. Michael was at a club and began hitting on a girl on the dance floor. The girl flirted back until her boyfriend showed up. The boyfriend got so mad he punched Michael and gave him a black eye.
5. Becky sometimes got so nervous before driving that she wouldn't go anywhere. Then she realized, every time she drank water before driving she wouldn't be nervous. So now, she has to drink at least two glasses of water before driving anywhere.